



## PADI IDC CURRICULUM AT REEF GLIDERS

### What's in the PADI Instructor Development Course?

The goal is clear, you want to be a PADI dive instructor and live the dream, but few people realise the details of what's involved in the course itself. In this article we're going to run you through the finer points of the curriculum of our IDC at Reef Gliders

### Knowledge Development

Your elearning primarily contains 15 chapters covering a whole range of different areas. They are as follows:

1. Getting Started
2. Dive Theory for Dive Leaders
3. PADI System Overview
4. Learning Instruction and the PADI system
5. Discover Scuba Diving and Experience Programs
6. PADI Open Water Diver Course
7. Risk Management and Legal Consideration
8. Managing Risk
9. PADI Quality Management and Licensing
10. Introduction to Teaching Presentations
11. Conducting and Evaluating Knowledge Development
12. Confined Water Training
13. Open Water Training
14. Continuing Education and Leadership Courses
15. Business of Diving

Most of these have a corresponding workshop during the IDC, and some are more general. The elearning doesn't need to be completed before the IDC starts, but the specific chapters do need to be completed before the related workshop.

After booking your IDC with us we'll advise you which chapters are better to complete first.

### Workshops

The IDC workshops are interactive sessions based either in the classroom, confined water, or on a dive site. They cover many diverse areas and will prepare you well for life as an instructor. They vary in length, some are a 45 minute discussion, some are a few hours or half a day, especially if water is involved. Most of these will be completed in the first week, leaving more time to focus on your presentations before the exam.

- Orientation - Where it all kicks off, you'll get all the info of what to expect, the schedule, everyone's role and staff/candidate introductions.

- Dive Theory - This session lets you remediate dive theory where necessary and lets you practice instructing others on theory subjects.
- The PADI System - Get up close and personal with the PADI Instructor Manual, Guide to Teaching and PADI standards.
- Learning and Teaching - How do people learn best? How do we apply learning theory to scuba diving and how does PADI aid this?
- Discover Scuba Diving - The most popular dive experience in the world, everything you need to know about the standards and practice your control and supervision underwater with different techniques
- PADI Open Water Diver Course Set Up and Scheduling - Learn all about the sequencing and flexibility of the Open Water Course and how to apply it to different circumstances.
- Risk Management and Licensing - Safety first!
- Knowledge Development Presentations - Get to grips with effective classroom teaching techniques.
- Confined Water Training - How to teach diving in different shallow water environments.
- Skill Development - Your skill circuit demonstrations
- Open Water Training - Consideration when teaching diving in the open ocean.
- Continuing Education - A look at dive training and course structure after the Open Water Course.
- Advanced Open Water Diver - An in depth look at the Advanced course standards, scheduling and considerations.
- Rescue Diver - Understanding the format and standards of the Rescue course, plus extended water sessions practicing Rescue skills and evaluation.
- Sales Techniques - The business side of diving.
- Course Close - Bringing it all to a conclusion, we'll review the IE schedule and discuss your options for after graduation.

## Your Teaching Presentations

An important part of the IDC is developing your teaching ability. We achieve this through micro-teaching, where you practice delivering a section of different courses.

*Knowledge Development* - Presenting Knowledge Reviews from different PADI courses

*Confined Water Teaching – Dry* - Practice the basic steps of a confined water presentation

*Confined Water Teaching – Wet* - Demonstrating and evaluating your students based on one confined skill

*Open Water Teaching – Dry* - Exploring effective positioning and delivery of skills whilst on land

*Open Water Teaching – Wet* - Evaluating your students based on two open water skills

## **Waterskills**

During your Divemaster you completed various timed water exercises. In the IDC we will confirm you still have these basic waterskills with a 400 Metre untimed swim and a 10 minute tread

### **Exercise 7 - Unresponsive diver at the surface**

The most complex Rescue skill is also one you will be assessed on during your Instructor Exam. In the IDC we'll spend as much time as necessary perfecting your exercise 7 demonstrations using both mouth to mouth and pocket mask methods

### **Descent & CESA Workshops**

As an instructor you'll soon realise that descending with your Open Water students can be a tricky exercise, during the IDC we'll have dedicated descent workshops to practice the three ways to safely bring your students underwater.

Another complex exercise is the CESA skill, so we'll spend time working on your set-up options and practising different methods.

### **Theory and Standards Exams**

Every PADI instructor needs to have a solid understanding of PADI standards, and the five different areas of dive theory (Physics, Physiology, RDP, Equipment, Skills & Environment). During the course you will sit as many practice exams as you need to be ready and comfortable for the exam. The Dive Theory workshop looks at aspects of teaching dive theory but your understanding should be fairly comprehensive before you start the IDC. Your digital Crewpack contains the Diving Knowledge Workbook which is a very important tool, and we schedule extra theory remedial classes before and during the IDC.

### **Emergency First Response Instructor (EFRI)**

The course is split into: Presentations, Knowledge Development, Primary Care, Secondary Care and Care for Children. During the practical sessions you'll demonstrate EFR skills and practice your teaching techniques on other candidates.